

# OPERATION REACTIVATION



Comhairle Cathrach  
Bhaile Átha Cliath  
Dublin City Council



DUBLIN  
NORTH EAST  
INNER CITY

## TIMETABLE

**FREE ACTIVITY FOR ALL OF JULY (OVER 18'S)**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10am		Yoga (Liberty Park)		Bootcamp (Mountjoy Square)			
12pm							
1pm					Capoeira (Liberty Park)	Afro Brazilian Dance (Mountjoy Square)	
2pm							
3pm						Capoeira (Mountjoy Square)	
4pm							
5pm							
6pm	Tai - Chi (St. Laurence O'Toole MUGA)	Tai- Chi (Liberty Park), Bootcamp (St. Laurence O'Toole MUGA)		GAA For Ma's (St. Laurence O'Toole MUGA)			
7pm	Capoeira (Mountjoy Square)		Bootcamp (Mountjoy Square)	GAA For Ma's (Fairview Park)			

Activity will be weather dependent

Programmes are being run through Dublin City Council, Lourdes Youth and Community Services & the Five Lamps Arts Festival with the support of a number of local community organisations

**Register at [bit.ly/Active2021](https://bit.ly/Active2021) or  
visit [NEIC.ie](https://NEIC.ie) or [Facebook.com/DNEIC](https://Facebook.com/DNEIC) for more information**