



Mount Carmel Newsletter

Edited by Ms.
Fitzgerald

Volume 1, Issue 5.

Mount Carmel's Talent Showcase



A huge thank you to the 6th years and especially Zoe and Sofia Ferrett and Sara Bielecka for putting together our wonderful Talent Showcase today in Mount Carmel!

Acts included singing, dancing and Hula Hooping to name a few. We have some very talented students and it was great to see such a high standard.

A special mention most go to Chloe Carroll and Sarah-Louise Bardon who took on the compering roles in the guise of Mr. Cullen and Ms. Cunningham!

The show closed with a medley of dancing from 6th years and its closed the show with a bang!

Special points of interest:

- Student Council
- Wellbeing
- Fly Youth
- Jafas
- IFI Film Club
- Music Corner
- 3rd/6th Years Easter Revision



JAFAS Winners



Congratulations to Naoise Class who won a JAFAS for Best Screenplay for their film *How it Was: Dublin Then and Now*. Along with six other schools their film was shown at The Lighthouse Cinema. The girls showed how Henrietta Street was the desired residence and Dublin in the 1700's and how Georgian people lived. They also interviewed Jane our secretary who lived on Henrietta Street when it became a tenement. Their screenplay provided a lot of information about our area that students from other school wouldn't know. The film is fast-paced as well as fun. Great job Naoise!



The Greatest Showman Screening!

A special screening of the Greatest Showman will take place in the library on May 1st for the IFI Film Club!



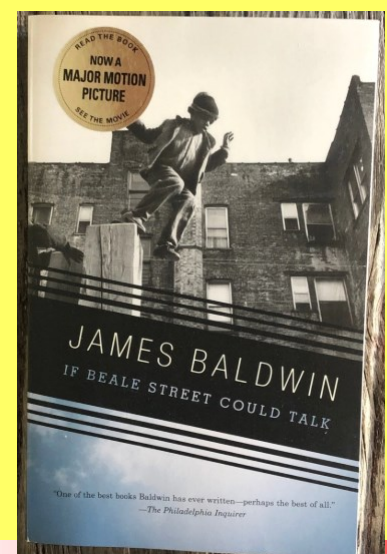


Music Corner

- ⇒ Junior Cycle News—Congratulations to the Music Department who have been selected by the JCT to take part in an exciting initiative called “Me and My Music”.
- ⇒ Well done to all the 3rd and 6th year students who completed their music practical's last week. The standard was very high.
- ⇒ Talent Show case is taking place in the school hall today Friday 12th April! Best of luck to all the acts. Break a leg!

Staff Book Club Reminder

The final staff book club for this academic year will take place in the Library at 1pm on Thursday May 16th! Refreshments provided. Make sure to return your book to Ms. Kerr.





Wellbeing—Ms. Murtagh

Want the sun kissed look this summer?



The World Health Organisation tells us that using a sunbed causes skin cancer.

Even one sunbed session can increase your risk of developing squamous cell skin cancer by 67% and basal cell skin cancer by 29%. Even more importantly is the increased risk of melanoma, the most serious form of skin cancer.

If you have ever used a sunbed your risk of melanoma increases by 20%.

Using it before the age of 35 increases your risk by almost 60%.

Using a sunbed isn't safer than sunbathing. It won't protect you from sunburn or damage to your skin from sunbathing. It isn't a great way to get Vitamin D.

Sunbeds give off UV rays that can be to fifteen times stronger than the midday Mediterranean sun. What sunbeds can do is cause your skin to sag and wrinkle.

You want to feel healthy, more attractive and confident and think sunbeds will help? Think again! The price is high. Whatever your age, sunbed use increases your risk of melanoma, the most serious form of skin cancer. If you must have a tan there are safer ways to get one. Other harmful effects of the use of sunbeds include

- Eye problems
- Premature Aging, brown spots can develop
- affect the immune system, making the body vulnerable to disease

If you are still thinking of using a sunbed please think again. Sunbed use increases your risk of skin cancer, whatever your age, sex and skin type. But, some people are at greater risk than others and should not use a sunbed under any circumstances. This includes you if:

- You have fair or freckled skin;
- Your skin always burns and never tans or burns before it tans;
- You have a lot of moles;
- You have had skin cancer or a family member has had skin cancer;
- You use cosmetics or take medications that make your skin more sensitive to UV rays.

So maybe before running to your next sunbed appointment, buy a bottle of Cocoa Brown!

Student Council

The Student Council is up and running and so far the students have given their opinion to Ms Kehoe in regards to the internet and the use of devices in school, and to Ms Cassidy on what healthy foods students in Mount Carmel want to see on their canteen menus! Make sure you know who your student council representative is and have your say!!



Ireland's Got Talent 2019



Congratulations to Kaci Foley and Fly Youth who placed in a top 3 position of the final of Ireland's Got Talent!! We are so proud of all your achievements and you were the winner in our eyes!

Bake off:

The winners of the Mount Carmel Bake off were the students! Yazmin Davis and Katie Barter brought home the gold bake off statues, and their certificates. An honourable mention goes out to Ms. Kehoe who won best teacher baker!





www.mountcarmelsecondaryschool.ie

2019 Edition



Mount Carmel Secondary School,
King's Inns Street,
Dublin 1.

@mountcarmel18

@mountcarmelsecondaryschool



Phone: 01-8730958

Fax: 01-8730033

E-mail: info@mountcarmel.ie

**Talent Show Case—check out Facebook, Twitter and
our school website for more photos!**



3rd and 6th Year Students

Please use the study skills section of our website to help guide you with study tips. Eat well, rest and use your time productively. Remember www.mathstutor.ie is free over Easter!

Log off and Switch on!